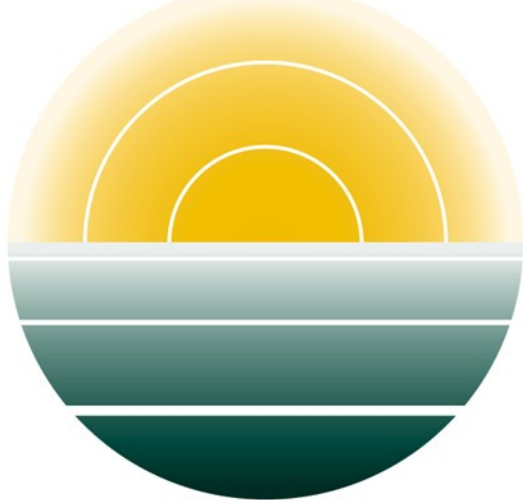


~Educational Tour~



HORIZONS
of friendship • d'amitié • de amistad

Costa Rica and Panama, Central America

February
4-17, 2019

What is Horizons of Friendship?

A lean and highly effective international development organization founded in 1973, and built on one abiding principle: helping people help themselves. Working directly with grassroots partners, we empower local people to lead and initiate development projects that address needs in their communities and make social and economic change happen on a big scale. With over 40 years of experience in the field we are proud to be the only charitable organization in Canada to focus and work exclusively in the region of the world where inequalities are the greatest — Central America and Mexico.

What is an Educational tour?

An educational tour is a unique opportunity to travel and learn about the culture, history, and social context of a developing country. This is an excellent opportunity for people who want to go beyond traditional tourism, and learn about community development and social justice. The trip also includes visits to important historical and cultural sites.



Costa Rica and Panama 2019

The cost for the tour is \$4000

For travel arrangements please call

Gayle Outhwaite at (800) 263-0050 ext.3372 at Merit Travel 186 Princess Street, Kingston ON K7L1B1, TICO #50017676.

(total cost to be confirmed by November 2017)

The total cost of the tour includes:

- ◆ Round-trip airfare from Toronto
- ◆ All ground transportation in-country
- ◆ All accommodation and meals
- ◆ Translation
- ◆ Briefings on the country's social, political and economic realities
- ◆ Meetings and activities with community members
- ◆ Visits to cultural and ecological sites

“The more I understand the difference between social development and charity, the more impressed I am with how Horizons works in the region”.



Horizons in Costa Rica



Horizons has been supporting projects in Costa Rica since 1981, and is currently supporting two partner organizations:

Mano de Tigre

The Mano de Tigre Women's Association is an organization that is made up of indigenous Broran women in the Térraba indigenous territory, in southern Costa Rica, which seeks to strengthen the identity, good practices, good living of women and ensure the natural heritage and ancestral culture of his people.

The Association of Indigenous Women Mano de Tigre de Térraba, is an organization that was born in the 90s with the need of the moment that the indigenous women of the Territory could know their social, economic, educational and participative rights in the decision making and political incidence effective in matters that concern the population and in particular themselves.

Thanks to this initiative, women of all generations in Térraba defend their rights as women and as original settlers from different trenches of the country with the objective that transcends the borders of the green territory.

Currently, the organization has ethno tourism projects that has shelters for 20 people, crafts, cultural cuisine of the village Térraba, also has a sewing workshop where traditional clothing for women and men is made.



Horizons in Panama



Horizons has been supporting projects in Panama since 1984. Currently, Horizons supports two partner organizations in the country:

Ngobe Cultural Action (ACUN)

ACUN works for the protection and promotion of the rights and cultures of Indigenous peoples in Panama, in particular the Ngobe-Bugle (formerly Guaymí) people which are Panama's largest Indigenous nation. The organization provides services and resources to marginalized communities aimed at strengthening the legal framework for and the holistic development of the Ngobe people.

Teaching Mothers Organization / Madres Maestras.

Teaching Mothers was founded in 1971 to care for children whose families had moved from the rural to city outskirts, and were part of the influx of population that settled in the neighbourhood of Samaria, known as "No Man's Land". Teaching Mothers organizations build on the demonstrated capacity of poor indigenous and non-indigenous women to provide care and early childhood education to their children, despite the social and economic difficulties their families face. The Teaching Mother's Organization operates early childhood educational centres in 250 impoverished communities throughout rural and urban Panama.



- YES**, I am very interested in the Horizons of Friendship 2019 Educational Tour!
Please reserve a place for me on this trip.
- I am interested in this tour and would like some more information. Please contact me.
- I am unable to attend this trip but I would like to be informed about the 2020 Educational Tour. Please contact me next year.

NAME: _____

ADDRESS: _____

TELEPHONE: _____

E-MAIL: _____

Please E-mail or call to reserve your spot on this tour, or mail the completed form to:

Linda Robertson
Horizons of Friendship
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Toll Free: 1-888-729-9928

